

Blue View Spa

MASSAGES

AROMA BACK MASSAGE | SCR900

This massage will eliminate tension and soothe the tightness of your legs, back, neck, shoulders and finish off with a soothing head massage. *40 minutes*

AROMA DETOXIFICATION | SCR1200

Using a blend of energising & detoxifying oils, this massage is not only relaxing but will improve the skin as well as provide a sense of wellbeing. *60 minutes*

AROMA RELAXATION | SCR1200

A great way to finish the day using rhythmic movements; a perfect composition of local eucalyptus and lavender will improve circulation and relaxation of the muscles. *60 minutes*

ANTI-CELLULITE | SCR1200

This massage is designed especially to promote lymphatic drainage and boosting the circulatory system. It is a great way to tackle stubborn areas of cellulite using virgin cold pressed coconut oil with anti-cellulite properties of grape fruit, juniper and geranium. *60 minutes*

BALINESE | SCR1430

A full body massage which combines acupressure, reflexology points, stretching and aromatherapy to stimulate circulation while relieving muscles and joint pains. *60 minutes*

AROMA DEEP TISSUE | SCR1430

This massage is especially recommended for chronically tense areas such as a stiff neck, lower back tightness, sore shoulders and tense thighs. This massage is designed to increase joint mobility, relieve stress and chronic pain. *60 minutes*

SPORTS MASSAGE | SCR1430

A therapeutic massage targeting tight and cramped muscles, this treatment will leave you feeling energised and awakened as well as improve your flexibility and blood flow. *60 minutes*

SWEDISH | SCR1430

Using a combination of firm pressure and friction, the treatment is aimed at stimulating and releasing trigger points deep within the muscle structure. This massage is a great way to manage pain and reduce muscle tensions. *60 minutes*

SIGNATURE TREATMENT

1 PERSON | SCR1760 | 2 PERSONS | SCR3520

A treatment that is pampering, tropical and simply irresistible.

Beginning with a body scrub using a blend of fresh grated coconut mixed with fresh vanilla leaving the skin feeling fresh and smooth. After exfoliation, an ultimate journey of total relaxation can begin with a blend of pure coconut oil and fresh vanilla from the island. A refreshing coconut is included at the end of the treatment.

90 minutes

BODY TREATMENTS

AFTER SUN | SCR950

After a long day soaking in the sun, fresh cucumber and yogurt are applied vigorously all over the body to calm and soothe the skin. Once the body has been soaked, pure aloe vera will be massaged on the skin, leaving the skin deeply refreshed. *45 minutes*

COCO & ROSES SCRUB | SCR950

Using fresh grated coconut and rose flowers to deeply stimulate circulation and using eucalyptus essential oils to help balance as well as leaving the skin feeling smooth and rejuvenated.

45 minutes

HEAD & FEET

HEAD MASSAGE | SCR800

This treatment focuses on head, neck and shoulder with a variety of pressure techniques finishing with a warm head wrap. Using virgin coconut oil & natural vanilla from the island and cocoa butter which will deeply nourish and protect the scalp and hair. *30 minutes*

REFLEXOLOGY | SCR900

Reflexology is the application of pressure to specific points on the feet which corresponds to different body organs and systems. The treatment induces healing responses and alleviates ailments; it creates benefits for the whole body using island virgin coconut oil.

40 minutes

